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WIFE SAVERS

By Mrs. Mary Morton

SUMMER COOKING

While we cannot live without eating in the warm summer weather any more than we can in the winter, we can simplify our meals so that the task is lightened both for the cook and our digestive apparatus. Many women do their baking in the basement. Others who have no gas use oil or gasoline or, best of all, electricity. Use plenty of milk, fruit and fresh vegetables and you will get through the heat with a minimum of discomfort. If your family likes hot food—the need of some is usually felt—make a one-meal dish in the casserole. With some berries or fruit, a vegetable either cooked or in a salad, and a cold milk pudding you have a substantial and appetizing meal.

Savory Eggs.—Mince some cold meat finely with a little parsley, a speck of poultry seasoning, pepper, salt, and a level teaspoon of flour. Mix it all well together (using a little stock if too dry) and press it all over some small molds. Drop an egg into each mold, put a little dripping or clarified fat on the top, and bake for ten or fifteen minutes. Turn out of the molds and serve.

Baked Lettuce.—Wash a head of lettuce and take it whole. Season with salt and pepper and a little butter.

Ox Tongue.—Trim the root of the tongue and wash it well with salt. Soak it at least an hour in strongly salted water. Put it in a stew pan with a large onion sliced, a handful of parsley, a little ginger, one teaspoon pepper and one tablespoon salt and sufficient cold water to cover well. Skim as it comes to a boil and simmer for three or four hours. Place it on a board, remove the skin, and put the tongue on a hot dish. Pour hot tomato sauce around it and serve.

Empress Pudding.—Wash about one-eighth pound rice, boil it in one pint milk till tender; let it cool and beat in one egg, two teaspoons sugar and a few drops of vanilla. Butter a pudding dish well, spread a layer of the rice mixture at the bottom, then a layer of jam. Continue till the rice is finished. Bake about one-half hour in a moderate oven and turn onto a platter. You may serve with cream if you like, plain or whipped.

Vaseline makes a good dressing for patent leather shoes and shoes, and they should always be coated with this if they are to be stored for any length of time. When in constant use, rub the shoes with vaseline once a week, leave this on for a day, then rub it off thoroughly. Should they be worn in wet weather, rub off the mud while wet, as if it dries on the shoes it is liable to scratch them. Use very soft cloths for rubbing patent leather. A gloss is obtained by rubbing a soft cloth on white heel-ball, and lightly polishing the shoes with it.

Rhubarb and Raisins.—Put one-half cup seedless raisins and one and one-half cups rhubarb cut in inch pieces in a saucepan. Sprinkle generously with sugar and add enough water to keep from burning. Cook until soft. Serve hot.

Turkish Pilaf.—Wash and drain one-half cup rice, cook in one tablespoon butter until brown, add one cup boiling water and steam until water is absorbed. Add one and three-quarters cups hot stewed tomatoes, cook until rice is soft, and season with salt and pepper.

After washing and drying woolen blankets, hang them on a line in the open air and beat them with a carpet-beater. This raises the fluff, and the blankets will look almost as good as new.

Creamed Eggs.—Hard boil number of eggs you need. Make a cream sauce of one tablespoon

butter, one of flour, one cup of milk. Season with salt and a little paprika, add eggs cut in pieces and pour over hot buttered toast.

Cottage Cheese.—To make cottage cheese, take all the sour milk you have on hand, put it in a pan on the stove and let it slowly heat through. As it becomes hot the curds rise to the surface. Do not let it boil. Then pour through a cloth and let it drip until the whey is out. Season with salt and paprika and mix a little sweet cream with it. Form into balls and put on ice. Pimientos may be added if you wish when you use it for sandwiches, and a crisp lettuce leaf should accompany it.

Lemon Cream Ice.—Cook one-half cup of rice in one quart of milk in double boiler until very soft, then add the yolks of two eggs, one-half cup sugar, one-half teaspoon salt, and the grated rind of a lemon. Put back on fire and cook for five more minutes. Pour into serving dish. Beat up whites of eggs until very light, add two tablespoons of sugar and one tablespoon of lemon juice, beat again and spread over pudding. Serve cold.

Roast Beef.—Meat cooked as a pot roast or in a Dutch oven uses the least heat in anything but a coal or wood range. A shoulder piece, "English cut" or rib roast, or even a thick round of "Swiss" steak can be used. If cooked as a pot roast, brown in a little fat with an onion, then add a very little water and seasonings (I like a couple of bay leaves, a few cloves, salt and pepper), and cook slowly until tender. Take it out of the cooker, let cool, and slice.

VACATIONING WHILE AT WORK

Are you one of those fine housekeepers who think that everything you have in the weekly wash must be carefully ironed, and so you are wearing your eyes during the hot weather carrying out your traditions? Suppose you consider the fact that you yourself are much more important than many clothes and set yourself to the task of eliminating as much work from "blue Monday" as is compatible with cleanliness. When clothes are dried out of doors with the wind and sun to do the work of bleaching and smoothing, why try to improve on their handiwork? Sheets smell oh, so sweet, when folded on the clothesline, smoothed with the hands and put away in the linen closet guiltless of the touch of the hot iron. Towels of all kinds follow the same rule; so do underthings generally, especially the knitted kind. Take the time you would normally spend in ironing these things or hanging on your front porch or that of your neighbor, or for reading the book you have wanted to read for so long and never found the time.

A piece of clean chamois leather wrung out of cold water is the best duster for mohair or plush furniture.

Apricot Salad.—Arrange three halves of canned apricots on a bed of lettuce. Between each half place a half-inch slice of banana. Put a teaspoon of mayonnaise in the center and garnish with a cherry.

Stuffed Flank.—Make pocket in a thick flank steak to hold the dressing, or if the meat is thin fold half over the other and skewer together after it has been filled. To make the dressing, crumble one pint of bread, soften with cold water and drain well after it is moist throughout. Season crumbs with salt and pepper, onion and salt, and celery salt if desired, and two tablespoons of oil. Pack the dressing closely into the meat, put into shape, and bake one hour in a covered roaster. A few slices of bacon placed on top of the meat ten minutes before serving improves the dish.

When cake or toast burns, try rubbing the black part off with a lemon grater.

COMING MOVIE ATTRACTIONS

With languorous and beautiful Mexico as a background and a thrilling story of love and intrigue set in it like a jewel, Mae Murray is said to have the best role of her career in "Mademoiselle Midnight," her latest picture, which will come to the Torrance theatre Tuesday and Wednesday, July 8 and 9.

In "Mademoiselle Midnight" Miss Murray plays two character roles: that of a French lady in the court of Napoleon III, and that of a daughter of Mexico, a senorita famed for beauty, wealth and cleverness. The supporting cast is made up of many favorites, among them being Monte Blue, Robert McKim, Robert Edeson, John Sainpolis, Otis Harlan, Nigel de Bruiler, Nick de Ruiz, and Evelyn Selbie. Robert Z. Leonard directed and personally supervised the picture for Tiffany Productions. It is released by Metro.

Beginning with her recently released photoplay, "The Dangerous Maid," a seventeenth century comedy-romance of old England, Constance Talmadge's future stories will all be more dramatic in type. "The Dangerous Maid," a First National picture, will be seen at

the Torrance theatre on Thursday and Friday. In the cast, besides Constance Talmadge, are Conway Tearle, Morgan Wallace, Tully Marshall, Marjorie Daw, Charles Gerard, Lou Morrison, Otto Matiesen, Wilson Hummel, Kenneth Gibson, Ann May, Kate Price, Thomas Ricketts, Philip Dunnam, Jack Dillon, and Ray Hallor.

COURTESY APPRECIATED

It is no fun to crank a car, and especially when that car is your own, and you break your arm and are laid up a month on your own time. Such was the luck of Clara L. Breeze, who lives at 2922 Andros street, Torrance, and drives one of the big busses for the Motor Coach Company.

But when an almost stranger comes along and says: "I've noticed your kindness and courtesy to customers," and leaves a package of goodies at your door—well, it looks like all the clouds have silver linings, after all, and that not all of one's good intentions are lost on an unappreciative world.

While other folks were out picnicking and celebrating the Fourth, Mr. and Mrs. D. B. Turner of Narbonne avenue were playing Santa Claus to the less fortunate.

Mrs. John Young Receives Gift at Club's Luncheon

An interesting item that was omitted from the report of the Woman's Club luncheon was the fact that the retiring president, Mrs. John A. Young, was presented with a gold fountain pen and pencil, the gift of the club. Mrs. Young will find ample use for them in her work next year as federation secretary.

MRS. HINES ENTERTAINS

Mrs. J. H. Hines of Post avenue entertained a number of Torrance friends at luncheon at the Hotel Virginia in Long Beach Wednesday. The table, which was especially decorated for the occasion, carrying out the Fourth of July motif, was placed to overlook the ocean. Covers were laid for Messrs. James M. Fitzhugh, R. B. Smith, Joe Stone, W. M. Brooks, H. A. Kemble, and the hostess, Mrs. J. H. Hines. After the luncheon the guests enjoyed a stroll on the beach and the Pike.

IMPORTANT, A. L. AUXILIARY

The meeting of the American Legion Auxiliary to be held this evening is an important one. Matters concerning the Fiesta will be discussed. All members are urged to be present at the First National Bank building.

RETURN TO TORRANCE

Mrs. O. W. Hudson and children arrived Sunday from Muncie, Ind., and are guests of Mrs. Hudson's parents, Mr. and Mrs. James T. Wise of Andros avenue. Mr. Hudson and their sons are driving through. The Hudsons will remain in Southern California.

A BIG CATCH

Mr. and Mrs. Tom Foley of Torrance and Mr. and Mrs. Clark of Whittier enjoyed a fishing trip Sunday to Dark canyon. Mr. Foley says he caught a trout that weighed two and one-half pounds.

A daughter was born Saturday, June 28, to Mr. and Mrs. Don Sargent of Los Angeles. Mrs. Sargent was formerly Miss Katherine Lovell of 2012 Andros avenue.

KARL WATTS GILBERT

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T. H. COLES

Proprietor

REGISTERED BABIES THIS WEEK

Mothers, register the kiddies at Reeve's hardware store, Sartori avenue, for the Mothers' Educational Center to be held in the sewing room at the high school Monday, July 14, from 10 a. m. until 1 p. m.

Helene and Lorene Murphy, who have been staying with their aunt, Mrs. Homer O'Brien, of North Arlington avenue, have gone to Alhambra to pass the summer with their mother.

Mr. and Mrs. Jack Desmond have bought a home in Gardena and have moved from the Industrial Housing Company's court.

Mr. and Mrs. Clarence Howard have moved from Long Beach into their new home on Cota avenue.



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Keeping cool is not a matter of what you wear so much as what you eat. We have light groceries for hot weather and the things to make cooling drinks. Buy our groceries and you and all the family can keep cool and happy.

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Ladies who are particular about their appearance are also particular about their toilet goods. We would like to show you our very complete line of all kinds of toilet articles that should be on every dressing table. You will like them—and buy them. If you have never used our lotions, creams, shampoos and powders come in and let us explain how good they are—they are harmless to use. Bring us your Prescriptions. Come to us FIRST.

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